

Apollo AyurVAID Hospitals and IIC Organises Expert Talk on Ayurveda & Medical Camp



Ayurveda treatment approaches for severe conditions such as asthma, bronchitis, and chronic respiratory issues

Simple, practical methods to reduce and manage pollution-related health effects



How Ayurveda understands the human body and prescribes a preventive way of life

Understanding air pollution and its effects on human physiology

Impact of air pollutants on respiratory and systemic health



Topic: Impact of Air Pollution on Health and How Ayurveda Can Help

Expert Talk by



Dr. Adarsh Thaikkadath

Consulting Physician
Apollo AyurVAID Hospitals, New Delhi

BAMS, MD (Kayachikitsa)

Specialisation: Rejuvenation, Virility Therapy, Male Infertility, Andrology, and Geriatric Health



Dr. Tinkle Rani

Senior Physician
Apollo AyurVAID Hospitals, New Delhi

BAMS, MD

Specialisation: Gastroenterology, Orthopaedic Conditions, Lifestyle Disorders, Dermatology and Cosmetology, Neurological, Pain Disorders



Saturday, 10th Jan, 2026



Expert Talk and Q&A

10:00 am - 11:00 am

Ayurveda Medical Camp

11:15 am - 01:00 pm



Indian International Centre (IIC)

Annexe Lecture Room I, KK Birla Lane, Max Mueller Marg, Lodhi Estate, New Delhi 110 003

Organised by

Apollo AyurVAID Hospitals

R-2, Outer Ring Road, Nehru Enclave, Kalka Ji, New Delhi - 110019

Your health deserves time.

Walk in to the Health Camp on 10th January 2026 & consult with our expert Vaidyas
Brought to you by Apollo Ayurveda Hospitals and India International Centre